



## Reactive

A state of emotional reaction that conveys negative states (or stances) of emotion

## Communication Thru' Emotional States

How we present our style of communication through our states of emotions

## Responsive

A communicative style of expression that conveys our feelings objectively



# Emotional Communication

## Communicative Styles

Our styles of communication expresses our feelings and can be broken down into 2 types of emotional communication styles – one being, responsive; another, being reactive

### A. Responsive Style of Emotional Communication

This style of communication couples a cognitive and emotional theme that exudes objectively communicating how we feel about a topic in discussion or a response to a situation.

### B. Reactive Style of Emotional Communication

This style of communication is dominated by our feelings towards a certain perspective that we are thrown into.

### Responsive versus Reactive

Our personal styles of communication can affect and effect our situation at that present moment in time.

A feedback loop

